

## Clarity: The path to success

With lack of clarity, we create confusion, anxiety, doubts, fear, and of course frustration because we are stuck in a place where usually we don't want to be anymore.

In a business setting, one of the first things you have to do is be very clear on what business you want to grow, who your customers are going to be, what your service or product is going to be like, and what kind of leader you are going to be.

You have a very clear idea on the vision, and you are now able to make it reality. When you know what it is you want to do, and are getting clear on what you need to achieve this, you become determined, strong, focused, with the potential of being an amazing leader.

One of the problems I see the most when it comes to marriage troubles and divorce, is people have no idea what they need to do, or what they want, besides ending the pain.

They know that something is not working and has to change. Many have tried to go the typical route with couple counseling and still, no real changes happen, but most of all, they are still not clear on what needs to happen to have a better life.

For some, after years of trying, separation or divorce seems to be the only way to go. But more and more people are starting to question the typical divorce path. They all see the destruction it brings to themselves and to their children. They know that having a high conflict divorce will break them all apart, without mentioning the amount of money lost to lawyers.

They want something different, they want a good divorce, but they have no idea how to get it.

And that is because they are not clear on the outcome they are looking for. Yes, they want a good divorce, but that is not enough. A good divorce is not the end result.

So what is the end result: A good divorced life ! That is what, with my clients, we focus on. They become clear on what that life can look like, the relationship they can have with their children, and the man they want to be with the life they want to live.

Once you gain clarity on what you want, then you can create a detailed action plan that will take you step by step to your desired outcome.

The plan covers the divorce itself, the professional you have to hire (they are different kinds and each treats divorce differently), the legal system, and the financials. But it also covers who you have to become in order to have that life. How you need to say things, how to not be triggered anymore, how to have a strong relationship with your kids through the process, and how to get your wife on the same page.

And with this clarity, they also see how they need to change themselves, their mindset, their behaviors to fit the life that they want to build. Maybe it is creating stronger boundaries, taking more time for yourself, showing up more for the kids, being less angry, taking less abuse from your spouse, or being happier.

A lack of clarity is what stops people from moving forward. When you don't know which way to go, you stay put, usually in a place that you don't want anymore. It is scary because you know that you can't go on, but you have no idea on how to move forward. And that is the scarier part of all, not knowing what's ahead of us, because we then cannot prepare for the storm ahead.

During my one-on-one program, gaining clarity is the first step we go through. We identify the current situation, design the future, and create a detailed step by step plan.

And that is how they start their new lives strongly: By knowing what they have to do.

[For more information on my program and how it works, please click here.](#)

Message me directly if you are in a situation where you have no clue on how to move forward but know that something has to change.

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