



## The biggest mistake people make when they divorce

We spend years not being happy in our marriage. We suffer silently, trying to make the marriage work, hoping that she will change, until one day, you know you want a divorce.

This is at this point that most people make the biggest mistake.

They want the pain to end immediately and they start the divorce process.

The mistake is that they focus on the past, on ending the pain. Both spouses are hurt and want their pain to be heard, and none are listening to the other. It becomes a finger pointing match, and lawyers fighting for you.

This is why most divorces end up being bitter, nasty, costly and sadly destructive for everyone in the family for many years, often decades.

When the thought of having a divorce is being loud, this is the time to stop and think and prepare. This is the time to be the best leader you have ever been.

Instead of focusing on the past, it is now essential to focus on the future.

What kind of future do you want for yourself and your family?

Once you get very clear on the future you want (which will include your future ex wife), then you can decide and research what is the best way to divorce to get you that.

Most of the time, fighting and finger pointing will only bring you more fights way after your divorce.

If you want the best divorce possible, then this is what you need to do:

BEFORE you start the divorce process, and if possible, BEFORE you have the "I want a divorce" conversation:

1- Have a very clear vision on the life AFTER divorce for yourself and your kids (and yes, that would also include the relationship you need to have with your ex wife to have a peaceful life)

2- Know the different types of divorce professionals( litigation divorce, collaborative divorce, divorce financial analyst mediator...) to work with and choose the one that can take you to your vision.

3- You have to be prepared to lead your family toward your vision. That means you need to learn how to stop the triggers, and how to support everyone's emotions throughout the divorce.

If your goal is to get the best divorce possible for you and your family, then be prepared for it. Know what you have to do to make it happen.

And if you don't know or need help to guide you through it, read more about my [one-on-one program](#), or my [divorce guide](#).

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